



2010 Chittenden County Pedestrian/Bicyclist Summit
McCarthy Arts Center, St. Michael's College
March 27, 2010
8:30 a.m. - 12:45 p.m.

8:30-9 SIGN-IN, SCHMOOZE, VIEW MATERIALS (Lobby)

- Sign-in, meet and greet, drinks and treats
- View maps of existing and proposed pedestrian/bicycle facilities, system gaps, recently completed / funded projects

9-9:35 WELCOME & OVERVIEW (Recital Hall)

- 2007 Summit recap: Progress to date, Close the Gaps, CCMPO Bicycle/Pedestrian Committee's prioritizing plans and projects, Safe Streets Collaborative (Chapin Spencer, [Local Motion](#))
- Summit goals; State of pedestrian/bicycle network; CCMPO's 2008 Regional Bicycle/Pedestrian Plan; Federal legislative update (Michele Boomhower, [CCMPO](#))
- Vermont legislative update: Current legal situation on bike/ped safety; status of new bills (Will Flender, [VBPC](#))

9:40-10:30 ADVOCACY & BEHAVIOR CHANGE

- **Making Things Happen (Recital Hall):** This panel discussion explores how communities can get from project idea to on-the-ground reality. Learn how to work with your local government staff and join forces to improve walking and biking in your neighborhood. Panelists: Lou Bresee ([Lake Champlain Bikeways](#)), Nicole Losch ([City of Burlington](#)), Bernie Gagnon ([Town of Shelburne](#)).
- **Safe Routes to School (Room 212):** What makes a school walkable and bikable from a child's perspective? Discover some common obstacles and learn real-world (including technological) approaches for overcoming them from Jason Van Driesche ([Local Motion](#)).
- **Getting from Here to There (Room 134):** Learn how to put alternative modes together to get where you want to go – walk/bike, transit, car-share, ridesharing can all get you there, especially when used together. Don't know how these work? Talk to expert panelists and watch video clips to find out how it all works. Panelists: Annie Bourdon ([CarShare Vermont](#)), Meredith Birkett ([CCTA](#)), Ross MacDonald ([Go Vermont](#)).

10:30-10:45 BREAK

10:45-11:35 GETTING OUT & GETTING ACTIVE

- **Trail Finder** (www.localmotion.org/trails) (**Room 212**): Todd Taylor ([Local Motion](#)) teaches you how to get the most out of Local Motion's online trail resource guide. Not only can you find a trail that suits you but you can upload photos, comments, rankings and more.
- **Geocaching** (www.geocaching.com) (**Room 134**): Treasure hunting goes high tech! Chris Nicholas talks about this growing culture of using GPS technology to walk, hike, bike, and explore the outdoors in search of treasures hidden by others.
- **Bicycle Commuting (Recital Hall)**: John S. Allen discusses his experience as a utility cyclist, beginning in the 1960s as a student at Middlebury College and continuing from the 1970s to the present in the Boston area. John, from Waltham, MA, is a certified League of American Bicyclists' (LAB) Cycling Instructor and has served both on the Board of Directors of the Massachusetts Bicycle Coalition and LAB.

11:40-12:25 FEATURED SPEAKER (Recital Hall)

Mary Collins, author of *American Idle*

As Collins rebuilds her own body after a devastating bicycle accident, she goes in search of a better American "body." What needs to be done to offset not just the physical, but also the cultural, social and even moral consequences of our sedentary culture? *AMERICAN IDLE: A Journey Through Our Sedentary Culture*, looks beyond the obvious at the more subtle and systemic issues that seem to keep us in our seats.

www.marycollinswriter.net

12:25-12:45 WRAP UP (Recital Hall)

- Awards and Next Steps (Chapin Spencer, [Local Motion](#))
- Fill out summit evaluation
- THANK YOU!



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Presenter, Panelist, Speaker and Facilitator Contact List

John S. Allen, LAB Cycling Instructor, Bicycle facilities expert
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Meredith Birkett, Planning Manager, CCTA
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Michele Boomhower, Executive Director, CCMPO
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Annie Bourdon, Executive Director, CarShare Vermont
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Lou Bresee, Program Director, Lake Champlain Bikeways
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Mary Collins, Professor, author, essayist, panelist, public speaker and more
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Coming from the West: How to Get To St. Michael's College on Bike from Burlington/Winooski Without Having to Go on Route 15

This is the back way through Winooski, accessing the back of St. Michael's College campus through a short path at the end of a dead end street.

If you'd like to see this route on Google "My Maps", go here for instructions to see the map: <http://www.localmotion.org/resources/commuting/770-instructions>

Once you're logged into Google with the special log-in ID and password, open:

"Route 15 - alternative from Winooski to Susie Wilson Rd."

Otherwise, just follow these written instructions:

- From the intersection of Canal St. and Main St., in Winooski on the east side of the bridge over the river, take a right onto Spinner St.
- Take a left on Barlow St. and take all the way up the hill.
- Take a left onto East Spring St.
- Take a quick right onto LeClair St.
- Take a right onto LaFountain St.
- Follow LaFountain all the way to the end, passing under the interstate.
- Take a left onto Bernard St.
- Take a right onto Gail St.
- Take a quick left onto Florida Ave. You'll instantly be at the dead end of Florida Ave. Go to the last house on the right and ride along the chain link fence (dirt path) onto a lawn at St. Mike's. You'll see outdoor volleyball courts just ahead.
- At the volleyball courts, take a hard right across the lawn to the road. This is Campus Rd., and it circles around the St. Mike's campus.
- Take a right on Campus Rd. and follow it around to the "front" of the campus (the side that borders Rte 15), to where there are a lot of parking spaces.
- Pass the Ross Sports Center on your left and ahead you'll see the McCarthy Arts Center. That's where the Summit will be taking place.

St. Michael's College Campus Map:

<http://www.smcvt.edu/campusmap/campusmap.asp>

The Summit is in building #21, the McCarthy Arts Center

Coming from the East: How to Get To St. Michael's College on Bike from Susie Wilson Rd. Without Having to Go on Route 15

This route takes you from Susie Wilson Rd. through Ft. Ethan Allen, across the front of Camp Johnson on the sidewalk, and into the back parking lots of St. Michael's College.

If you'd like to see this route on Google "My Maps", go here to get instructions to see the map: <http://www.localmotion.org/resources/commuting/770-instructions>

Once you're logged into Google with the special log-in ID and password, open:

"Route 15 - alternative from Winooski to Susie Wilson Rd."

Otherwise, just follow these written instructions:

- Heading east on the sidewalk from the corner of Susie Wilson Rd, take a right into the entrance to Ft. Ethan Allen.
- Take second left onto Ethan Allen Ave.
- Take right onto Barnes Ave.
- Take left onto Hegeman Ave.
- When Hegeman dead-ends, follow the short sidewalk/footpath (it's paved) out to Route 15.
- Ride the sidewalk. After the building that comes just after the Dunkin Donuts, take a right through the parking lot to Johnson Ave.
- Take a left onto Johnson Ave.
- Take immediate right down an unused, unmarked, and slightly crumbling asphalt road all the way to the end.
- Take left onto Canterbury Way (not marked), past nose-in parking spaces on both sides.
- Follow to 4 way intersection, take right onto Campus Rd.
- At T in front of tennis courts, take left to continue on Campus Rd. (don't take the right that puts you onto Sullivan Rd.)
- The most direct way by bike is to cut through campus at this point. But you'd have to know the campus the figure this out.
- Alternatively, just continue on Campus Rd. and follow it around to the "front" of the campus (the side that borders Rte 15), to where there are a lot of parking spaces.
- Pass the Ross Sports Center on your left and ahead you'll see the McCarthy Arts Center. That's where the Summit will be taking place.

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How to Get To St. Michael's College by Bus

Here's the link to the CCTA website:

<http://www.cctaride.org/bus-information/routes-schedules.html>

Burlington to Essex

Schedule: <http://www.cctaride.org/pdf/route-templates/BM&G%20changes/Schedules%20Only/EsxJschedule.pdf>

Route map: <http://www.cctaride.org/pdf/route-maps/CCTA-Route-2.pdf>

The bus leaves Cherry St. at 8:15 am and will get to St. Michael's College just after 8:30. (The next bus is not until 9:15 am.)

Essex to Burlington

Schedule: <http://www.cctaride.org/pdf/route-templates/BM&G%20changes/Schedules%20Only/EsxJ2Burlschedule.pdf>

Route Map: <http://www.cctaride.org/pdf/route-maps/CCTA-Route-2.pdf>

From Essex: the bus leaves from the Amtrak Station at 8:44 and will get to St. Michael's College about 8:55. (The next bus is not until 9:44.)